

DESIGNS FOR HEALTH®, INC. PRESENTS:

BRAIN HEALTH AND THE CIRCULATORY CONNECTION TO HEALTHY AGING

Conditions and Protocols to be Discussed:

- Alzheimer's Disease
- Migraine Headaches
- Memory Problems
- Parkinson's Disease
- Leaky Gut Syndrome
- Candida Albicans
- Copper and Mercury Toxicity

A Seminar for Health Care Professionals with:

Parris Kidd, Ph.D., &

Ralph Sanchez, L.Ac., C.N.S.

Saturday, February 7th, 2004 • Los Angeles, CA

9:00 a.m. - 4:00 p.m.

LECTURE TOPICS

9:00-10:30	Ralph Sanchez, L.Ac., C.N.S.: The Brain - Gut Connection: Etiological Factors, the Inflammatory Cascade and Lab Markers that Facilitate the Understanding of the Gut/Brain Connection will be Reviewed
10:30 - 11:00	Questions and Answers with Ralph Sanchez, L.Ac., C.N.S.
11:00-12:00	Parris Kidd, Ph.D.: The Brain - Heart Connection: Circulatory Risk Factors and Their Impacts on Brain Health
12:00-1:00	Lunch on own
1:00-3:30	Parris Kidd, Ph.D.: Ortho-Nutraceuticals for Healthy Aging, including GlyceroPhosphoCholine (GPC), Omega-3 Fatty Acids and Krill Oil, with New Research on Dementia, Premenstrual Syndrome and Blood Lipid Management
3:30-4:00	Questions and Answers with Parris Kidd, Ph.D.

Seminar Location: DoubleTree Hotel Los Angeles - Westwood
10740 Wilshire Blvd., Los Angeles, CA 90024

Hotel Information & Directions: (310) 475-8711 • www.doubletreewestwood.com

MEET THE PRESENTERS:



Parris Kidd, Ph.D., author of *Antioxidant Adaptation-It's Role in Free Radical Pathology*

Dr. Parris Kidd earned his Ph.D. degree from the University of California at Berkeley, and did basic and clinical research at various academic centers in the San Francisco Area before moving into the nutrition field in 1983. He is an independent consultant on dietary supplement development and a dynamic health educator. In the 1980's he pioneered public education about the health benefits of the antioxidant nutrients and the phospholipids, and in the 1990s was the scientist who introduced the benefits of the phospholipid, phosphatidylserine (PS) to the public. He has developed a variety of dietary supplement products to support healthy functioning of the various organ systems, and is now focused on an integrative approach to healthy aging.



Ralph Sanchez, L.Ac., C.N.S.

Ralph Sanchez, L.Ac., C.N.S., is a primary health care provider and maintains a private practice of integrative medicine in Southern California. Mr. Sanchez is a state licensed acupuncturist and a board certified nutrition specialist. Mr. Sanchez is an active community speaker and lecturer on the treatment of health disorders with alternative/complementary medicine in Southern California and conducts seminars on functional medicine for health care providers. Mr. Sanchez is also a consultant to doctors on the applications of nutritional medicine in their practice.

Seminar Cost: \$75 pre-registration • \$95 at the door

Price includes detailed seminar notes and an all new Designs for Health Protocol Manual on CD ROM (a \$150 value!)

To register, please make checks or money orders payable to Designs for Health, Inc., and send to: **Designs for Health, 2 North Rd., East Windsor, CT 06088**. You can also fax your registration to **(860) 627-0661**. To register over the phone or for more information please call **(800) 847-8302 ext. 106**. *No refunds!* Credit towards another seminar or education material available!

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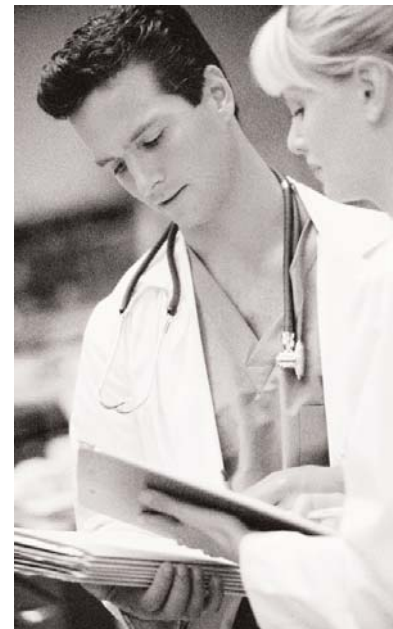
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