Quality Check

- Does the product use research-backed ingredients?
- Are the nutrients in their most active and available form so they can be absorbed and used well by your body?
- Are the ingredients listed on the label found in the same amounts in the product?

With these considerations and more, how do you determine if a product is safe and backed by sound science? How do you know you're getting your money's worth?

Speak with a licensed practitioner who can provide reliable recommendations and guide you based on your individual needs and health goals.



designing a well world™

designs for health.com



Are You Taking the Highest Quality Nutritional Supplement?



Why Dietary Supplements are a Cornerstone for Optimal Health

In today's world, it's challenging to get all the nutrients you need from diet alone. Additional factors, such as age, lifestyle, health status, and certain medications, may make it difficult to obtain, absorb, and utilize essential nutrients, potentially leading to nutritional deficiencies.

Our bodies require a continuous supply of vitamins, minerals, and antioxidants to maintain optimal health. When your body doesn't receive the necessary nutrients, supplements provide the additional support required to increase the quality of your total dietary intake. With this in mind, it's essential to consider a few factors that can ensure you are taking the best quality nutritional supplement.



You and Your Family Deserve the Best

There isn't a one-size-fits-all approach to wellness. Work with your practitioner to understand your specific nutritional needs to determine what supplements may benefit your overall health. Together, you can test, implement, and monitor your unique needs to achieve your wellness goals.

Why Your Practitioner Recommends DFH

For over 30 years, Designs for Health has been at the forefront of the natural and integrative medicine movement, trusted and utilized by health-care practitioners worldwide.

We control what goes into our formulas every step of the way. Our manufacturing processes enhance the bioavailability of active ingredients to ensure you benefit from the physiological and biological effects.

Why You Can Place Your Trust in DFH Products



Each formula features a Certificate of Analysis (COA) for quality assurance, demonstrating that each product meets specifications



NSF-certified, North American-based manufacturing provides verification of good manufacturing practice (GMP) compliance with consistent and quality standards to meet the FDA's GMP requirements



Use of proprietary or clinically trialed ingredients sourced from credible suppliers that pass stringent quality standards with demonstrated efficacy



Formulas utilize effective delivery systems and are designed with clinically useful doses of scientifically validated ingredients



Third-party testing of ingredients for potency, purity, and validation



Final products and amounts of active ingredients are thoroughly tested to ensure the components listed on the label are in the bottle



Testing to ensure the products are below the established limits for mold, fungus, and heavy metals



Contains no added sugar, artificial flavors, or artificial colors

Science-backed, Innovative Products

With over 320 research-backed nutritional products formulated with quality-tested ingredients, DFH is committed to developing targeted formulas that optimize your health and wellness.





Achieve Your Wellness Goals with Practitioner Recommended Supplements

Speak with your health-care provider today about which Designs for Health formulas may suit you. Together, you can take control of your health, improve the way you feel, and transform your quality of life.

