

The skin, although on the outside of the body, can reflect the work of internal processes. Acne is one of the most prevalent dermatological conditions globally. Among the factors that can potentially contribute to acne are hormone imbalances, nutrient deficiencies, disrupted immune health, internal stress, inflammation, imbalanced blood sugar, and an altered gut microbiome. Acnutrol™ provides comprehensive support to address these factors, focusing on the internal healing process to promote overall skin health.*

Pantothenic acid (also known as vitamin B5) plays a crucial role in promoting healthy skin and proper fat metabolism, which can influence the skin's oil balance.* Insufficient intake of this vitamin may be associated with the development of acne.* Carnitine, an amino acid-derived nutrient, works together with pantothenic acid to support healthy inflammatory responses and promote healthy fat metabolism.*

Chromium, biotin, vitamin B6, and other B vitamins contribute to maintaining healthy blood sugar metabolism and hormonal balance, which may help promote skin health.* Biotin is widely recognized for its ability to support healthy skin, hair, and nails.* Vitamins A and D and tocotrienols play supportive roles in promoting the health and appearance of the skin, immune health, and healthy cellular function.*

Zinc, copper, and selenium are essential minerals that may promote skin health.* Zinc promotes proper wound healing and supports immune health.* The skin's outer layer is also rich in zinc. Copper helps maintain the skin's integrity and appearance through collagen production, while selenium has antioxidant properties that support detoxification processes.*

Benefits*

- · Supports healthy acne control
- Promotes skin integrity and appearance
- Supports micronutrient status
- Supports healthy sugar and fat metabolism
- Promotes healthy inflammatory responses

Recommended Use

Take 6 capsules per day or as directed by your health-care practitioner.

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Highlights

- Delivers a synergistic blend of skin-supportive nutrients for healthy acne control*
- Features vitamins A and D, B-complex vitamins, and B-complex vitamins, and chromium to support hormonal balance and healthy sugar and fat metabolism*
- Features the minerals zinc, copper, and selenium to promote skin appearance and integrity, healthy inflammatory responses, and immune health*
- Gluten-free, dairy-free, soy-free, and non-GMO

To contact Designs for Health, please call us at (860) 623-6314, or visit us on the web at www.designsforhealth.com.