

# Berberine Synergy™

Healthy Glucose Metabolism\*

CD BER060 | 60 vegetarian capsules

Berberine Synergy™ promotes overall blood sugar metabolism support by offering a synergistic combination of berberine and alpha-lipoic acid (ALA) clinically designed to support healthy insulin and blood sugar metabolism, antioxidant status, and a healthy inflammatory response.\* It may also support healthy lipid metabolism.\* Berberine may promote overall metabolic health and potentially healthy weight management by helping support normal glucagon-like peptide-1 (GLP-1) secretion.\* Alpha-lipoic acid is best known for its antioxidant properties and its ability to support healthy insulin metabolism.\* It is also a key player in cellular health and energy production.\*



ENDOCRINE/METABOLISM\*



Promotes healthy blood sugar, fat, and insulin metabolism\*



May help support normal glucagon-like peptide-1 (GLP-1) secretion\*



Promotes cardiovascular health\*



Supports antioxidant status\*



May help support overall cellular health\*



May help support healthy weight management\*

## Supplement Facts

Serving Size 1 capsule

Amount Per Serving	% Daily Value
Berberine HCl ( <i>Berberis aristata</i> )(root)	400 mg *
Alpha Lipoic Acid	50 mg *

\*Daily Value not established.

**Other Ingredients:** Cellulose (capsule), dicalcium phosphate, microcrystalline cellulose, vegetable stearate, silicon dioxide, ascorbyl palmitate.

**Recommended Use:** Take 1 capsule with a meal twice daily or as directed by your health-care practitioner.

**Note:** Work with your physician to monitor your blood glucose levels, as medication for blood sugar regulation may require adjustment to account for the effects of berberine.

To gain an in-depth view of your individual biochemistry and metabolism, talk with your health-care practitioner about Designs for Health Metabolomics Spotlight™ functional wellness testing.

## JUST THE FACTS:

Compare supplement facts to the leading brands

● **Berberine** – Berberine is a botanical extract found in several plants, including the root of the Indian barberry plant, also known as tree turmeric. May help support normal blood sugar, insulin, and GLP-1 metabolism.\* Berberine may also promote cardiovascular health.\*

● **Alpha-Lipoic Acid** – A compound that the body uses to support cellular reactions involved in blood sugar metabolism, cellular energy, and a healthy metabolism.\* Alpha-lipoic acid may also support antioxidant status and overall cellular health.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.