

C3 Curcumin Complex features a blend of three powerful curcuminoids: curcumin, bisdemethoxycurcumin (BMC), and demethoxycurcumin (DMC). Curcuminoids are bioactive phytochemicals derived from turmeric (*Curcuma longa*), a plant used both to promote health and as a spice in food.

Curcuminoids have been extensively researched for their potential to support human health. One of the most researched and proven benefits of curcuminoids is their ability to support a healthy inflammatory process.*

Additionally, the turmeric-derived compounds have been shown to support cellular function and certain signaling pathways related to neurological health.* Curcumin has been shown to exhibit a wide range of actions to support cellular health, cardiovascular function, healthy metabolism, and a healthy response to inflammation and oxidative stress.*

Benefits*

- Supports a healthy inflammatory response
- Healthy cell function support
- Supports healthy metabolism
- Cardiovascular support
- Supports a healthy response to oxidative stress
- Neurological support

Recommended Use

Take 1 capsule per day or as directed by your health-care practitioner.

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Highlights

- Provides 400 mg of curcuminoid powder per 1-capsule serving
- Features a blend of three powerful curcuminoids: curcumin, bisdemethoxycurcumin, and demethoxycurcumin
- Curcuminoids may support cellular health and a healthy response to inflammation and oxidative stress*
- Gluten-free, dairy-free, and soy-free
- Non-GMO

To contact Designs for Health, please call us at (860) 623-6314, or visit us on the web at www.designsforhealth.com.

Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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