

Carnosine Supreme™

Carnosine and Benfotiamine



ENDOCRINE/METABOLISM



Carnosine Supreme™ is formulated using carnosine and benfotiamine, ingredients that have been shown to potentially help reduce the production of advanced glycation end products (AGEs) caused by excessive glucose and/or fructose consumption that may contribute to cellular damage.* AGEs are produced when sugar or fat binds to protein, which is a process known as glycation. AGEs are associated with diets that are high in sugar. Carnosine is a naturally occurring compound made from two amino acids (i.e., alanine and histidine). It is naturally present in tissues, such as the eyes, muscles, and brain.

Carnosine supports the body's antioxidant responses that help protect tissues, especially cell membranes, from the damaging effects of free radicals.* Benfotiamine is a highly bioavailable, easily absorbed, and fat-soluble form of thiamine (vitamin B1) found in crushed garlic, shallots, and leeks. In Carnosine Supreme™, the carnosine is combined with benfotiamine to help maintain normal blood sugar metabolism and brain health.* Carnosine and benfotiamine have been shown to promote antioxidant status and possess collagen-supportive properties.*

Benefits*

- Helps maintain normal blood sugar metabolism
- Supports brain health
- Supports cognitive function

Recommended Use

Take 1 capsule per day or as directed by your health-care practitioner.

Highlights

- 450 mg of carnosine to support antioxidant status and help inhibit the formation of AGEs*
- 100 mg of benfotiamine in the thiamine form with enhanced absorption and bioavailability

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To contact Designs for Health, please call us at (860) 623-6314, or visit us on the web at www.designsforhealth.com.

Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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