

Chocolate Superfood Powder

Delicious Greens and Phytonutrient Blend*

Chocolate Superfood Powder is a phytonutrient-packed blend of organic fruits, vegetables, greens, and fiber delivered in a delicious chocolate-flavored powder. This unique nutrient-packed powder is designed to support children's overall health and antioxidant status.* It delivers inulin, which may help support healthy digestive function.* This formula is designed for parents interested in supplementing their children's daily greens and fiber intake, especially those who do not consume the recommended daily amounts of fruits, vegetables, and dietary fiber.

According to the 2020-2025 USDA Dietary Guidelines for Americans, children and adolescents consume insufficient amounts of vegetables and fruits per day, and their overall diet quality is poor. Research shows that increased intake of ultra-processed, energy-dense, nutrient-poor foods in childhood and adolescence is associated with increased risk of becoming overweight.* In contrast, foods classified as healthy (low in sugar and high in fruits and vegetables) promotes maintenance of healthy body weight.* Daily consumption of concentrated fruit and vegetable supplements is shown to promote antioxidant status in the body.* This product, in combination with adequate fruit and vegetable intake, helps support overall health and nutrient status.*

foundational health*

Chocolate Superfood Powde

Benefits*

- Nutritious phytonutrient shake for growing bodies
- Supports overall antioxidant status in the body
- May help promote growth of beneficial gut bacteria
- Supports healthy gastrointestinal function
- May support a healthy response to oxidative stress

Recommended Use

Mix 8 grams (approximately one scoop) in water per day or as directed by your health-care practitioner. Chocolate Superfood Powder may also be blended with milk or other non-dairy milk substitutes.

 $\mathsf{OxyPhyte}^*$ is a registered trademark of RFI Ingredients.

Highlights

- Proprietary greens, fruits, and vegetable blend
- OxyPhyte[®] grape seed and skin extracts standardized to contain 95% polyphenols
- 2 g of dietary fiber per serving
- Delicious chocolate flavor
- Non-GMOs
- Gluten-free, soy-free, and dairy-free
- No added fructose, sucrose, or artificial sweeteners
- Sweetened with the prebiotic fiber, inulin, and organic stevia
- Free from fillers or bulking agents

To contact Designs for Health, please call us at (860) 623-6314, or visit us on the web at www.designsforhealth.com.

Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. Designs for Health and logo are trademarks of Designs for Health, Inc.© 2021 Designs for Health, Inc. All rights reserved