

D-Ribose

Supports ATP Production for Optimal Cellular Energy*

 RIB150 | Net Wt. 150 G (5.3 OZ)

Meet D-ribose – a vital energy-building molecule that helps the body create energy.* Every cell uses a molecule called adenosine triphosphate (or ATP) to function, and D-ribose is a key building block for ATP production.* Because modern diets often lack enough D-ribose for adequate ATP production, it's crucial to secure it from other sources. D-Ribose supports healthy energy production in the heart and muscles.* The amount of ATP in muscles may be lower than normal, especially after intense physical activity. Furthermore, depleted ATP in the heart may be associated with altered heart health. D-Ribose may help support ATP recovery and function.* These properties become especially important in the context of athletic recovery.



 **CARDIOVASCULAR HEALTH***



Supports healthy energy production in every cell in the body*



Supports athletic performance*



Promotes cardiovascular health*



Promotes recovery from intense exercise*



Supports healthy cardiac cellular function*

| Supplement Facts | |
|--|---------------|
| Serving Size 5 grams (approx. one scoop) | |
| Servings Per Container 30 | |
| Amount Per Serving | % Daily Value |
| Calories | 20 |
| Total Carbohydrate | 5 g 2%** |
| Total Sugars | 5 g * |
| Includes 5 g Added Sugar | 10% |
| D-Ribose | 5 g * |

**Percent Daily Values are based on a 2,000 calorie diet.
*Daily Value not established.

Recommended Use: Take 5 grams (approx. one scoop) per day or as directed by your health-care practitioner.

JUST THE FACTS:

Compare supplement facts to the leading brands

- D-ribose is a vital energy-building molecule that supports normal energy production in every cell in the body, including in the muscles, brain, and heart.*
- Delivers 5 g per scoop to conveniently support recommended serving sizes from your health-care practitioner.
- Featured in an unflavored powder with a very mild sweet taste that easily mixes into liquids.
- To gain an in-depth look into your energy production and mitochondrial health, talk with your health-care practitioner about [Designs for Health Metabolomics Spotlight™](#) functional wellness testing.

The Designs for Health Metabolomics Spotlight™ functional wellness test is not diagnostic and is not eligible for coverage under Medicare, Medicaid, or medical insurance. DFH Spotlight testing must be ordered or authorized by a qualified health-care provider registered with DFH. Please reach out directly to your practitioner to express your interest in any of the Spotlight tests.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**