

Electrolyte Synergy™

Optimal Cellular Hydration*

🥄 ELS240 | Net Wt. 8.4 oz (240 g)

When you sweat, you lose more than just water. Essential electrolytes, including sodium, potassium, magnesium, and chloride, are also lost. Support proper hydration, balanced electrolyte replacement, and athletic performance and recovery with Electrolyte Synergy™.* Electrolyte Synergy™ is an electrolyte drink mix with a full spectrum of electrolytes and essential vitamins like vitamin C to help support even the sweatiest moments.* This product may be ideal for children 4 years and older and adults with increased hydration and electrolyte needs, such as athletes, older adults, individuals with occasional diarrhea, those taking certain medications, and after exercise or sauna use.* It may be helpful for those who live or work in hot or humid climates where sweating may be excessive.* This formula is offered in a great-tasting lemon-orange flavor that can be easily mixed with a favorite liquid.



FITNESS PERFORMANCE*



Supports proper hydration*



Supports balanced electrolyte replacement*



Supports energy production and recovery*



Promotes athletic performance and muscle recovery*



May help support a healthy immune response*



Promotes antioxidant status*

Supplement Facts

Serving Size 8 grams (approx. one scoop)
Servings Per Container 30

Amount Per Serving	% Daily Value
Calories	20
Total Carbohydrate	6 g 2%**
Total Sugars	1 g *
Includes 1 g Added Sugar	2%**
Vitamin C	1734 mg 1927%
(as Ascorbic Acid, Calcium Ascorbate, Magnesium Ascorbate)	
Magnesium	80 mg 19%
(as Di-Magnesium Malate, Magnesium Ascorbate)	
Chloride (as Sodium Chloride)	170 mg 7%
Sodium (as Sodium Chloride)	110 mg 5%
Potassium	170 mg 4%
(as Potassium Bicarbonate, Potassium Aspartate)	
D-Ribose	757 mg *
Taurine	379 mg *
Citrus Bioflavonoids	14 mg *
Quercetin	13 mg *
Rutin	7 mg *

*Daily Value not established.

**Percent Daily Values are based on a 2,000 calorie diet.

Other Ingredients: Natural flavors, tapioca dextrin, silicon dioxide, steviol glycosides (from organic *Stevia rebaudiana* leaf), citric acid.

Recommended Use: Mix 8 grams (approx. one scoop) in 10-12 ounces of water per day or as directed by your health-care practitioner.

JUST THE FACTS:

Compare supplement facts to the leading brands

- Vitamin C** – An essential vitamin that may promote antioxidant status and support exercise recovery.* Features three stable forms, which may be gentler on the gastrointestinal tract.*
- Sodium, potassium, magnesium, and chloride** – An essential spectrum of electrolytes to support hydration and to promote athletic performance and muscle function.*
- D-ribose** – A powerful compound that helps promote energy production, especially during times of intense exercise or movement.*
- Taurine** – An amino acid that may help promote athletic performance and help regulate fluid balance.*
- Bioflavonoids, quercetin, and rutin** – Plant-based compounds found in many vitamin C-rich foods like oranges and lemons. They work together with vitamin C to support your body's antioxidant status and immune system.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.