

ElectroPure Hydration™

Recharge and Replenish Faster*

🥤 ELPHYD | 3.95 oz (112 g) | ELPHYW | 4.94 oz (140 g)

Hydration is non-negotiable when it comes to performance. When we sweat, we lose fluids and electrolytes — essential minerals our body needs to function at its best. Without proper replenishment, dehydration can impact athletic performance, muscle function, cognition, and even mental well-being. While water is crucial, it doesn't supply the electrolytes necessary to restore balance and keep you performing at your peak. ElectroPure Hydration™ by Designs for Health delivers 100% more electrolytes than a leading hydration brand† and features key ingredients that promote athletic performance and energy production — helping you rehydrate and recharge faster.*

Available in clementine and watermelon flavors (with other natural flavors).



FITNESS PERFORMANCE*



100% more electrolytes versus a leading hydration brand†



Supports proper hydration*



Supports balanced electrolyte replacement*



Supports energy production and recovery*



Promotes athletic performance and muscle recovery*



Promotes antioxidant status*

Clementine Flavor

Supplement Facts

Serving Size 1 stick pack (8 g)
Servings Per Container 14

Amount Per Serving		% Daily Value
Calories	15	
Total Carbohydrate	3 g	1%**
Total Sugars	1 g	*
Includes 1 g Added Sugar		2%**
Vitamin C (as Ascorbic Acid)	400 mg	444%
Magnesium (as TRAACS® Magnesium Bisglycinate Chelate Taste Free)	100 mg	24%
Zinc (as Zinc Bisglycinate Chelate)	5 mg	45%
Chloride (as Sodium Chloride)	770 mg	34%
Sodium (as Sodium Chloride)	500 mg	22%
Potassium (as Potassium Bicarbonate, Potassium Glycinate Complex)	500 mg	11%
D-Ribose	1 g	*

**Percent Daily Values are based on a 2,000 calorie diet.
*Daily Value not established.

Other Ingredients: Natural flavor, citric acid, PhytoSweet® blend (rebaudioside M, steviol glycosides [from *Stevia rebaudiana* leaf]), Luo han guo extract (fruit), silicon dioxide.

Recommended Use:

Clementine Flavor (with other natural flavors): Mix 1 stick pack (8 g) in 16 oz of water per day or as directed by your health-care practitioner.

Watermelon Flavor (with other natural flavors): Mix 1 stick pack (10 g) in 16 oz of water per day or as directed by your health-care practitioner.

JUST THE FACTS:

Compare supplement facts to the leading brands

- **Vitamin C** – Promotes antioxidant status and muscle function during and post-exercise*
- **Sodium, potassium, magnesium, and chloride** – Full-spectrum electrolytes to promote advanced hydration*
- **Zinc** – Supports athletic performance and healthy muscle recovery post-exercise*
- **D-ribose** – Promotes optimal energy production while supporting athletic performance and recovery*
- Features a **1:1 sodium to potassium** ratio for balanced electrolyte replacement
- Increased **bioavailability** of magnesium and zinc with the bisglycinate form
- Convenient, travel-friendly stick-packs

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

† Total electrolytes per serving vs Liquid I.V. Hydration Multiplier Powder Packets, a leading brand per Stackline sales data January 2025.