

Foresterol™

Plant sterols for healthy lipid metabolism*

FOR090 | 90 Softgels

Healthy cholesterol metabolism is an important part of supporting heart health.* Foresterol™ provides 600 mg of sunflower-derived plant sterols per serving, including beta-sitosterol, stigmasterol, and campesterol. Plant sterols are naturally occurring compounds found in plants. Because their structure resembles cholesterol, they help limit how much cholesterol your body absorbs during digestion.* As a result, more cholesterol moves through the digestive tract and is eliminated through normal bowel movements.* This process helps support healthy cholesterol metabolism, healthy circulation, and heart health.*



CARDIOVASCULAR HEALTH*



Supports healthy cholesterol metabolism*



Supports healthy inflammatory balance*



Supports healthy lipid (fat) metabolism*



Supports heart and circulation health*



May help maintain healthy cholesterol levels already within the normal range*

Supplement Facts

Serving Size 1 softgel
Servings Per Container 90

Amount Per Serving	% Daily Value
Plant sterols (from sunflower)	600 mg *

*Daily Value not established.

Other Ingredients: Bovine gelatin, medium chain triglycerides, glycerine, purified water, turmeric extract powder (color).

Recommended Use: Take 1 softgel three times per day with meals or as directed by your health-care practitioner.

Consult with your health-care practitioner about your specific circumstances and any questions you may have.

JUST THE FACTS:

Compare supplement facts to the leading brands

- **Plant sterols (from sunflower seeds)** — Naturally occurring plant compounds that are structurally similar to cholesterol. They compete with cholesterol from food and cholesterol naturally produced by your body for absorption during digestion, helping your body absorb less cholesterol and excrete more through the stool.* This supports healthy cholesterol metabolism and heart health.*

FAQ

- Q:** If I don't eat many foods that contain cholesterol, can Foresterol™ still help?
- A:** Yes. Your body naturally makes cholesterol, and some of it enters the digestive tract during digestion. Foresterol™ helps limit how much of that cholesterol is reabsorbed, allowing more of it to be eliminated through normal bowel movements.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.