

# GlucoSupreme™ Herbal

Herbal Blend to Support Healthy Glucose Metabolism\*

120 vegetarian capsules

GlucoSupreme™ Herbal is uniquely formulated with a powerful blend of plant extracts to help promote healthy insulin and blood sugar (glucose) responses, metabolic health, and hormone balance.\* This formula provides clinically relevant amounts of herbs and plant extracts from berberine, fenugreek, American ginseng, and gymnema that may help potentially support normal glucagon-like peptide 1 (GLP-1) secretion, which may help promote healthy weight management.<sup>1-4\*</sup> Together with banaba, kudzu, and cinnamon, these herbs help support healthy blood sugar metabolism, antioxidant status, metabolic health, and a healthy inflammatory response.\*



## ENDOCRINE/METABOLISM\*



Supports healthy blood sugar and insulin metabolism\*



May help support normal glucagon-like peptide-1 (GLP-1) secretion\*



Helps support healthy metabolic function\*



Supports antioxidant status\*

## Supplement Facts

Serving Size 4 capsules  
Servings Per Container 30

Amount Per Serving	% Daily Value
Berberine (as Berberine HCl) (Berberis aristata)(root)	500 mg *
Fenugreek Extract (Trigonella foenum-graecum)(seed) [standardized to contain 60% saponins]	200 mg *
American Ginseng (Panax quinquefolius)(root) [standardized to contain 5% ginsenosides]	200 mg *
Gymnema Extract (Gymnema sylvestre)(leaf) [standardized to contain 25% gymnemic acid]	200 mg *
Banaba Extract (Lagerstroemia speciosa)(leaf) [standardized to contain 1% corosolic acid]	200 mg *
Kudzu Extract (Pueraria lobata)(root) [standardized to contain 40% isoflavones]	200 mg *
Cinnamon Extract (Cinnamomum cassia)(bark)	200 mg *

\*Daily Value not established.

**Recommended Use:** Take 4 capsules per day with meals or as directed by your health-care practitioner (divided dosing recommended).

**Warning:** Use only under the supervision of a qualified health-care practitioner who can actively monitor your blood sugar levels if you are diabetic and/or using blood sugar modulating medication or insulin.

## JUST THE FACTS:

Compare supplement facts to the leading brands

- **Berberine, fenugreek, American ginseng, gymnema** - Herbal and plant extracts to help support healthy blood sugar metabolism, insulin function, and metabolic health.\* Helps promote normal GLP-1 secretion and function.\*
- **Banaba and kudzu extracts** - Synergistically support how the body transports and uses blood sugar and promote weight management, metabolic function, and a healthy inflammatory response.\*
- **Cinnamon** - Herbal extract that contains chromium and other bioactive plant compounds, which may support a healthy inflammatory response, and antioxidant status.\* May help the body properly utilize blood sugar and insulin.\*

1. Chou IW, Cheng YH, Chen YR, Hsieh PC, King K. Fenugreek compound (N55) lowers plasma glucose through the enhancement of response of physiological glucagon-like peptide-1. *Sci Rep.* 2017;7(1):12265. doi:10.1038/s41598-017-12290-x
2. Kilari EK, Putta DS, Silakabattini K. Effect of *Gymnema sylvestre* on insulin receptor (IR) and proglucagon gene expression in streptozotocin induced diabetic rats. *Ind J Pharm Ed Res.* 2020;54:s277-s284. doi:10.5530/ijper.54.2s.84
3. Liu C, Zhang M, Hu MY, et al. Increased glucagon-like peptide-1 secretion may be involved in antidiabetic effects of ginsenosides. *J Endocrinol.* 2013;217(2):185-96. doi:10.1530/joe-12-0502
4. Yang WL, Zhang CY, Ji WY, et al. Berberine metabolites stimulate GLP-1 secretion by alleviating oxidative stress and mitochondrial dysfunction. *Am J Chin Med.* 2024;52(1):253-274. doi:10.1142/s0192415x24500113

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.