

Blood Glucose Levels\*



(E)

**ENDOCRINE/METABOLISM\*** 

GLUCOSUPREMET HERBAL









GlucoSupreme™ Herbal is uniquely formulated to help maintain healthy blood sugar metabolism and provide support for optimal glucose regulation.\* It contains berberine (*Berberis aristata*) and a synergistic blend of plant extracts designed to support healthy metabolic function and endocrine health.\*

Berberine is a plant-derived compound that has been shown in research to support healthy blood glucose metabolism. It has also been shown to support cardiovascular health, lipid metabolism, and optimal cellular function.\*

Fenugreek contains many compounds that have been shown to support glucose metabolism.\* In studies, fenugreek and its constituents have been shown to support cellular glucose uptake and fat metabolism.\* American ginseng has been shown to support the body's response to insulin and optimal pancreatic function.\*

The cinnamon in GlucoSupreme™ Herbal has significant content of bioactive polyphenols. The polyphenols naturally found in cinnamon may support insulin signaling in skeletal muscle and optimal insulin utilization.\* Banaba, kudzu, and gymnema extracts may support glucose transport and utilization.\*

GlucoSupreme™ Herbal provides 500 mg of berberine and clinically relevant amounts of extracts from fenugreek, American ginseng, gymnema, banaba, kudzu, and cinnamon. Together, these nutrients help support healthy glucose metabolism, metabolic health, antioxidative status, and a healthy inflammatory response.\*

## **Benefits\***

- Supports healthy blood sugar metabolism
- Optimal glucose metabolism support
- Helps support healthy metabolic function

## **Recommended Use**

Take 4 capsules per day with meals or as directed by your health-care practitioner. (Divided dosing recommended.)

**Warning:** Use only under the supervision of a qualified health-care practitioner who can actively monitor your blood sugar levels if you are diabetic and/or are also using blood sugar-modulating medication or insulin.

## **Highlights**

- Provides 500 mg of berberine (Berberis aristata) for optimal metabolic health\*
- Includes synergistic compounds to support healthy glucose metabolism\*
- 200 mg of fenugreek extract and 200 mg of American ginseng to support healthy metabolic function\*
- Gymnema (Gymnema sylvestre), banaba (Lagerstromemia speciosa), kudzu (Pueraria lobata), and cinnamon (Cinnamomum cassia) extracts botanicals to help support optimal cellular glucose metabolism\*
- · Gluten-free, dairy-free, and soy-free
- Non-GMO

To contact Designs for Health, please call us at (860) 623-6314, or visit us on the web at www.designsforhealth.com.