

Homocysteine Supreme™

Methylation Support*

 HYS060 | 60 softgels
 HYS120 | 120 softgels

Homocysteine Supreme™ is a thoughtfully designed blend of nutrients that supports healthy homocysteine status in the body.* Homocysteine is an amino acid naturally produced during everyday metabolism. When everything is working well, the body converts homocysteine into other helpful compounds that support your heart, brain, immune system, and natural detox pathways. This process is part of something called methylation — a critical system your body uses to keep things running smoothly. But for this process to work properly, your body needs the right nutrients, especially certain B vitamins and trimethylglycine (also known as betaine). Low or insufficient nutrient intake, along with everyday stress, poor diet, or certain genetic differences, can affect how your body processes homocysteine. This formula provides key nutrients to help maintain healthy homocysteine metabolism and support your overall wellness.*



CARDIOVASCULAR HEALTH*



Supports healthy homocysteine metabolism*



Supports normal methylation status*



Supports brain and heart health*

Supplement Facts

Serving Size 2 capsules
 Servings Per Container 60

Amount Per Serving		% Daily Value
Riboflavin (as Riboflavin-5-Phosphate)	30 mg	2308%
Vitamin B-6 (as Pyridoxal-5-Phosphate)	10 mg	588%
Folate (as Quatrefolic® [6S]-5-methyltetrahydrofolate, glucosamine salt)	3400 mcg DFE	850%
Vitamin B-12 (as Methylcobalamin)	1000 mcg	41667%
Trimethylglycine (TMG)	900 mg	*
L-serine	100 mg	*

*Daily Value not established.

Other Ingredients: Cellulose (capsule), microcrystalline cellulose, ascorbyl palmitate, dicalcium phosphate, silicon dioxide.

Recommended Use: Take 2 capsules per day with meals or as directed by your health-care practitioner.

HYS060-16

JUST THE FACTS:

Compare supplement facts to the leading brands

- **Riboflavin (vitamin B2)** – Helps maintain healthy homocysteine status by supporting key steps in the methylation pathway.* Provided in its bioactive form for better use by the body.
- **Vitamin B6** – Needed to help convert homocysteine into cysteine, which the body uses to make glutathione — an important antioxidant that supports detox and immune health.*
- **Folate** – Included in its methylated, bioactive form (5-MTHF) that's especially helpful for people with certain genetic differences that may affect their methylation efficiency.* Folate is required to maintain optimal homocysteine metabolism.*
- **Vitamin B12** – Delivered in its bioactive, naturally-occurring form (methylcobalamin) that works with folate to support healthy homocysteine metabolism and brain function.* Methylcobalamin is more absorbable than cyanocobalamin, the synthetic form of B12 commonly found in commercial supplements.
- **Trimethylglycine (also known as betaine) and serine** – Work alongside B vitamins to support healthy methylation status and homocysteine metabolism.*

Quatrefolic® is covered by U.S. Patent No. 7,947,662 and is a registered trademark of Gnosis S.p.A.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.