

HTN Supreme™

Natural support for healthy blood pressure & cardiovascular health*

HTN Supreme™ has been formulated to support healthy blood pressure and promote overall cardiovascular health.* Each 4-capsule serving provides 1.5 grams of bonito peptide powder (standardized to contain 85% peptides) and 200 mg of grape seed extract (standardized to contain 90% polyphenols). There are numerous pharmaceutical drugs that address healthy blood pressure, but some of them may induce undesirable side-effects. Combined with dietary and lifestyle modification, HTN Supreme™ may have a beneficial impact on maintaining a healthy blood pressure and positively affecting cardiovascular health.*

Benefits*:

- Supports healthy blood pressure
- Promotes blood vessel elasticity
- Supports proper platelet function
- Facilitates healthy blood flow
- Provides antioxidants

Highlights

Bonito peptide powder

This unique ingredient is sourced from dried, smoked fish (*Katsuwonus pelamis*, a.k.a. skipjack tuna) and is known as katsuobushi in its native Japan, where the population has long been recognized for its outstanding cardiovascular health benefits.* Broth made from dried bonito was used traditionally to support steady energy levels and promote healthy blood circulation. Bonito peptides exert their beneficial effects on the cardiovascular system by helping to support the proper relaxation of blood vessels and regulating the volume of fluids in the body, thereby supporting healthy blood flow.*

Grape seed extract (*Vitis vinifera*)

HTN Supreme™ includes a special form of grape seed extract that contains 90-95% total polyphenols, which are the bioactive compounds in grape seed extract. Grapes and the wine made from them have long been known to be rich in phytochemicals that support cardiovascular health, and grape seeds are also rich in these compounds. Grape seed extract promotes the activity of an enzyme called endothelial nitric oxide synthase. The cells that line blood vessels are endothelial cells, and nitric oxide synthase produces a compound called nitric oxide, which helps to relax and dilate blood vessels to facilitate healthy blood flow.*

Additionally, grape seed extract contains powerful antioxidants that may help protect against damage induced by free radicals. This type of cellular damage is associated with numerous states of compromised health. Finally, grape seed extract promotes proper functioning of platelets, the cells and cell fragments primarily responsible for blood clotting.

Recommended Use:

As a dietary supplement, take four capsules per day, or as directed by your health care practitioner (divided dosing recommended). **Contains fish (tuna, mackerel).**



Consult with your healthcare practitioner about your specific circumstances and any questions you may have.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO CONTACT DESIGNS FOR HEALTH, PLEASE CALL US AT (860) 623-6314, OR VISIT US ON THE WEB AT WWW.DESIGNSFORHEALTH.COM.