

# Metabolic Synergy™

Multivitamin/Mineral Formula to Promote Healthy Carbohydrate Metabolism\*

MS180 | 180 vegetarian capsules  
MS360 | 360 vegetarian capsules

When we consume too many carbohydrates over a long period of time, it may become difficult to regulate healthy blood sugar. Consistently elevated blood sugar can lead to suboptimal carbohydrate metabolism, which, over time, may negatively impact nearly every organ in the body, such as the pancreas, liver, kidneys, eyes, brain, and more.

That's where Metabolic Synergy™ can help you. This expertly crafted multivitamin/mineral supports the normal conversion of carbohydrates to be used as fuel for the body.\* It also helps promote an appropriate response to the hormone insulin for optimal blood sugar balance and metabolic support.\* It features carefully chosen nutrients not typical in commonly used multivitamins for their demonstrated abilities to help maintain stable blood sugar and insulin function.\*



## ENDOCRINE/METABOLISM\*



Supports healthy blood sugar\*



Promotes normal metabolic function\*



Helps support healthy insulin function\*



Promotes optimal nutrient status beyond the RDA\*



Promotes cellular energy production from dietary carbs\*



May support healthy aging\*

## Supplement Facts

Serving Size 6 capsules  
Servings Per Container 30 | 60

Amount Per Serving		% Daily Value
Vitamin A (as Mixed Carotenoids and Palmitate)	5560 mcg RAE	618%
Vitamin C (as Ascorbic Acid)	600 mg	667%
Vitamin D (as Cholecalciferol)	25 mcg (1000 IU)	125%
Vitamin K (as K1 Phytonadione)	120 mcg	100%
Thiamin (Vitamin B-1)(as Thiamin HCl)	4.6 mg	383%
Riboflavin (Vitamin B-2) (as Riboflavin-5-Phosphate)	5.6 mg	430%
Niacin (as Niacinamide and Niacin)	100 mg NE	625%
Vitamin B-6 (as Pyridoxal-5-Phosphate)	10.4 mg	612%
Folate (as Quatrefolic® [6S]-5-methyltetrahydrofolate, glucosamine salt)	680 mcg DFE	170%
Vitamin B-12 (as Methylcobalamin)	1000 mcg	41,667%
Biotin (as d-Biotin)	1000 mcg	3,333%
Pantothenic Acid (as d-Calcium Pantothenate)	20 mg	400%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Di-Magnesium Malate)	100 mg	24%
Zinc (as Zinc Bisglycinate Chelate)	15 mg	136%
Selenium (as Selenium Glycinate Complex)	200 mcg	364%
Manganese (as TRAACS® Manganese Bisglycinate Chelate)	1 mg	43%
Chromium (as TRAACS® Chromium Nicotinate Glycinate Chelate)	400 mcg	1,143%
Molybdenum (as TRAACS® Molybdenum Glycinate Chelate)	100 mcg	222%
Taurine	1500 mg	*
Carnosine	250 mg	*
R-Lipoic Acid (Bio-Enhanced® RLA)	100 mg	*
Benfotiamine	50 mg	*
Vitamin E Isomers (DeltaGold®)[as delta and gamma tocotrienols from annatto ( <i>Bixa orellana</i> )(seed)]	30 mg	*

\*Daily Value not established.

**Other Ingredients:** Cellulose (capsule), dicalcium phosphate, microcrystalline cellulose, sunflower lecithin, vegetable stearate, silicon dioxide.

## JUST THE FACTS:

Compare supplement facts to the leading brands

- **B vitamins** in their most activated forms for better absorption, including methylated B12 and folate\*
- Minerals in chelated forms for better absorption and use by the body\*
- **Chromium**, the blood sugar support mineral, provided in higher amounts\*
- **Taurine** plays a vital role in healthy blood pressure, blood sugar, and metabolic health\*
- **Carnosine** promotes normal responses to insulin and inflammation\*
- **R-lipoic acid** supports carbohydrate metabolism, energy production, and antioxidant status\*
- **Additional vitamin B1** (as benfotiamine) to promote nerve function and brain health\*
- **Vitamin E tocotrienols** (as DeltaGold®) for healthy fat metabolism, liver function, and cell integrity\*

**Recommended Use:** Take 6 capsules per day with a meal or as directed by your health-care practitioner (divided dosing recommended [3 capsules twice per day with a meal]). Consult with your health-care practitioner about your specific circumstances and any questions you may have.

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**