

Mito-PQQ™

Mitochondrial Biogenesis Support*

MIT060 | 60 capsules

Mito-PQQ™ combines two specialized ingredients that help promote mitochondrial biogenesis – the process of creating new mitochondria in your body’s cells.* Mitochondria are often called the “powerhouses” of the cell because they produce most of the energy your body needs to move, think, and live. Healthy mitochondria are required for sustained energy production, mental clarity, and overall wellness. By supporting mitochondrial biogenesis, Mito-PQQ™ may benefit aging adults or anyone seeking to optimize energy production or cognitive health.* Consider taking this product in the morning due to its energizing properties.*



FOUNDATIONAL HEALTH*



Promotes mitochondrial and cellular health*



Supports energy production*



Promotes antioxidant status*



Supports cognitive function*



May promote healthy aging*

Supplement Facts

Serving Size 2 capsules
Servings Per Container 30

Amount Per Serving	% Daily Value
Rhodiola Extract (<i>Rhodiola rosea</i>)(root) [standardized to contain 3% rosavins and 1% salidroside]	300 mg *
Pyrroloquinoline Quinone Disodium Salt (BioPQQ®)	20 mg

*Daily Value not established.

Recommended Use: Take 2 capsules per day or as directed by your health-care practitioner.

Talk with your health-care practitioner about Designs for Health Metabolomics Spotlight™ functional wellness testing to learn more about your mitochondrial function and micronutrient status.

JUST THE FACTS:

Compare supplement facts to the leading brands

● **Rhodiola Extract** – An adaptogenic herb that helps the body adapt to stress while supporting mitochondrial health, antioxidant status, energy production, and healthy aging.* Our product includes a standardized amount of the active components in rhodiola, so you know exactly what you’re getting in every capsule.

● **Pyrroloquinoline Quinone (PQQ)** – A powerful compound naturally found in foods like tea, kiwi, parsley, green peppers, and celery. PQQ supports mitochondrial function, promotes antioxidant status, and helps your body create new mitochondria to support energy production and cognitive health.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.