

Mood-Stasis™

Healthy mood and calming support*

MOD030 | 30 vegetarian capsules

Mood-Stasis™ is a unique blend of B vitamins and clinically studied herbal extracts designed to support emotional well-being and help you manage occasional stress and mild anxiety.* The formula features saffron and scelletium extracts, two herbs shown to help support a positive mood, ease feelings of worry or nervousness, and promote a sense of calm during everyday stressors.* Both herbs have been studied at the exact amounts used in this formula, and research suggests some people may notice benefits after just one serving.* Mood-Stasis™ can be taken daily and may also help ease temporary feelings of stress or anxiety, such as before public speaking.*



STRESS/MOOD*



Supports a calm and relaxed mood*



May help manage everyday stressors and nervousness, including after just one serving*



Supports reductions in occasional anxiety*

| Supplement Facts | | |
|--|---------------|--------|
| Serving Size 1 capsule | | |
| Amount Per Serving | % Daily Value | |
| Folate (as Quatrefolic® [6S]-5-methyltetrahydrofolate, glucosamine salt) | 1360 mcg DFE | 340% |
| Vitamin B-12 (as Methylcobalamin) | 2000 mcg | 83333% |
| Saffron Extract (Safr'Inside™) (Crocus sativus)(stigma) [standardized to contain 3% crocins] | 30 mg | * |
| Scelletium Extract (Zembrin®) (Scelletium tortuosum)(aerial parts)[standardized to contain a minimum of 0.38% total alkaloids] | 25 mg | * |

Daily Value not established.

JUST THE FACTS:

Compare supplement facts to the leading brands

- **Folate and Vitamin B12** – Includes the bioactive, bioavailable forms of these B vitamins. They work with the herbal ingredients in this formula to support the key pathways your brain uses to maintain a balanced mood and promote a healthy stress response.*
- **Saffron and Scelletium Herbal Extracts** – Contains two clinically studied, standardized herbal extracts that help support a positive mood, reduce feelings of worry or nervousness, and promote a calm response to everyday stressors.*

Other Ingredients: Microcrystalline cellulose, cellulose (capsule), vegetable stearate, silicon dioxide. PH00070-00A

Recommended Use: Take 1 capsule per day or as directed by your health-care practitioner.

To gain an in-depth look into metabolic markers that influence your stress resilience, talk with your health-care practitioner about [Designs for Health Metabolomics Spotlight™](#) functional wellness testing.

The Designs for Health Metabolomics Spotlight™ functional wellness test is not diagnostic and is not eligible for coverage under Medicare, Medicaid, or medical insurance. DFH Spotlight testing must be ordered or authorized by a qualified healthcare provider registered with DFH. Please reach out directly to your practitioner to express your interest in any of the Spotlight tests.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.