

# MyoStim™

Supports healthy body composition and muscle metabolism\*

MYOSTM | 14 - 0.52 oz (15 g) Stick Packs

MyoStim™ offers a complete suite of muscle-supportive nutrients formulated to help preserve lean muscle tissue, stimulate muscle growth, and promote healthy aging in a delicious clementine-flavored, easy-to-mix powder.\* This comprehensive formula features synergistic ingredients to help mitigate the effects of age-related muscle loss and support lean body composition.\*



## HEALTHY AGING\*



Supports healthy aging\*



Supports healthy body composition\*



Promotes overall bone health\*



May help preserve muscle mass and strength in aging adults\*



May help attenuate muscle protein breakdown in athletes\*



Helps support lean body mass in individuals unable to perform regular resistance training\*

## Supplement Facts

Serving Size 1 stick pack (15 g)  
Servings Per Container 14

Amount Per Serving	% Daily Value
Calories	35
Total Carbohydrate	3 g 1%**
Protein	5 g 0%**
Vitamin D (as Cholecalciferol)	25 mcg (1000 IU) 125%
Calcium	290 mg 22%
Collagen Peptides	5 g
Creatine Monohydrate	3 g
Calcium β-Hydroxy-β-Methylbutyrate Monohydrate (myHMB®)	2 g
L-Leucine	1 g
Trans-Geranylegeraniol (GG-Gold®) [from annatto ( <i>Bixa orellana</i> ) seed]	150 mg

\*\*Percent Daily Values are based on a 2,000 calorie diet.  
\*Daily Value not established.

**Other Ingredients:** Natural flavor, citric acid, β-carotene (color), partially hydrolyzed guar gum, PhytoSweet® blend (rebaudioside M, steviol glycosides [from *Stevia rebaudiana* leaf]), luo han guo extract.

**Recommended Use:** Mix 1 stick pack (15 g) in 8 oz of water per day or as directed by your health-care practitioner.

**Warning:** Pregnant or lactating women should not take HMB, as safety studies have not been conducted yet for these populations.

Consult with your health-care practitioner about your specific circumstances and any questions you may have.

## JUST THE FACTS:

Compare supplement facts to the leading brands

- **Protein** – promotes maintenance and preservation of muscle mass\*
- **Vitamin D3 and calcium** – support strong and healthy bones\*
- **Collagen peptides** – grass-fed collagen supports healthy connective tissue like skin, bones, muscles, and joints\*
- **Creatine monohydrate** – helps with exercise performance, muscle growth, and preservation of lean muscle mass as we age\*
- **MyHMB®** – a unique ingredient that promotes muscle mass throughout the aging process\*
- **L-leucine** – required in adequate amounts for muscle protein synthesis\*
- **GG-Gold®** – a key nutrient for building skeletal muscle protein\*
- **Delicious clementine flavor** – sweetened with a stevia blend and 0 g of sugar, with no artificial flavors or sweeteners
- Convenient, travel-friendly stick packs that easily mix in water or your favorite beverage

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

GG-Gold® is a registered U.S. trademark of American River Nutrition, LLC.

Nutritional uses of HMB are licensed to Designs for Health Inc. under U.S. Patent #8,815,280, #9,259,430, #9,539,224, #9,707,241, #9,770,424, and #10,201,551.