

# NeuroCalm Peptide™

Gut-Brain Harmony for Stress Resilience and Mood Support\*

☐ NPP030 | 30 Vegetarian Capsules

Your gut and brain are constantly communicating through what's known as the gut-brain axis — a two-way “highway” of signals that keeps your body and mind in sync. When this communication is disrupted, it can affect your stress resilience, mood, digestion, and sleep, and may lead to occasional feelings of anxiety.

NeuroCalm Peptide™ offers a unified approach to help maintain balance along this gut-brain axis.\* This once-daily capsule combines two clinically studied ingredients that work together to support emotional well-being, healthy stress responses, and quality sleep.\* Whether you're managing everyday challenges or high-pressure situations like exams, busy workdays, or social events, NeuroCalm Peptide™ may help you stay calm, centered, and resilient.\*



## STRESS/MOOD\*



Daily support for mood and stress resilience\*



Promotes a healthy gut-brain connection\*



Helps reduce the effects of occasional anxiety and perceived stress\*



Supports balanced cortisol metabolism (the “stress hormone”)\*



May help reduce occasional stress-related digestive troubles\*



Promotes healthy, calming sleep\*

Supplement Facts	
Serving Size 1 capsule	
Amount Per Serving	% Daily Value
Milk Protein Hydrolysate (Bioactive Milk Peptides)(Lactium®)	150 mg *
Heat Treated <i>Lactobacillus gasseri</i> (CP2305)	20 mg *

\*Daily Value not established.

**Other Ingredients:** Vegetable capsule (HPMC, water), microcrystalline cellulose, medium chain triglycerides. **Contains milk.**

**Recommended Use:** Take 1 capsule per day or as directed by your health-care practitioner.

To gain an in-depth look into metabolic markers that influence your stress resilience, such as cortisol, B vitamins, and neurotransmitters, talk with your health-care practitioner about **Designs for Health Metabolomics Spotlight™ functional wellness testing.**

## JUST THE FACTS:

Compare supplement facts to the leading brands

- Lactium®** – a calming bioactive peptide derived from milk (think of peptides as tiny building blocks of protein)\*
  - Discovered in the 1990s when researchers noticed infants appeared calm after drinking milk
  - Clinically studied for its ability to reduce the effects of perceived stress, promote emotional balance, and support restful sleep\*
  - Supports the body's natural relaxation response to everyday stressors\*
- Lactobacillus gasseri CP2305** – a clinically studied, heat-inactivated postbiotic that promotes gut-brain harmony\*
  - Clinically shown to support emotional balance and reduce feelings of stress and occasional anxiety\*
  - Associated with a ~30% reduction in salivary cortisol (an indicator of stress) from baseline in stressed individuals\*
  - Supports a healthy gut microbiome, a key player in mood and overall mental well-being\*

### Reference:

1. Sawada D, Kawai T, Nishida K, Kuwano Y, Fujiwara S, Rokutan K. Daily intake of *Lactobacillus gasseri* CP2305 improves mental, physical, and sleep quality among Japanese medical students enrolled in a cadaver dissection course. *J Funct Foods*. 2017;31:188-197. doi:10.1016/j.jff.2017.01.042

The Designs for Health Metabolomics Spotlight™ functional wellness test is not diagnostic and is not eligible for coverage under Medicare, Medicaid, or medical insurance. DFH Spotlight testing must be ordered or authorized by a qualified healthcare provider registered with DFH. Please reach out directly to your practitioner to express your interest in any of the Spotlight tests.

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**