

# NeuroCalm™

Supports a relaxed mood\*

CD NEUCLM | 60 vegetarian capsules

Reclaim your calm with NeuroCalm™, a professional-grade supplement designed to support emotional balance during demanding days and help you unwind at night.\* It combines clinically studied, neuro-supportive nutrients to help you stay calm and mentally sharp when you need it most — during presentations, difficult conversations, or overwhelming workdays.\* NeuroCalm™ promotes relaxation (without feeling drowsy) and a balanced mood, so stress feels more manageable and you can feel more in control.\*



## STRESS/MOOD\*



Helps you manage modern stress while staying motivated, focused, and productive under pressure\*



May help reduce occasional physical and mental fatigue associated with stress\*



Promotes emotional well-being and a positive mood\*



Supports calmness and relaxation without daytime drowsiness\*



May provide relief from occasional anxiety\*



May promote relaxation at bedtime for deeper, more restorative sleep\*

## Supplement Facts

Serving Size 2 capsules  
Servings Per Container 30

Amount Per Serving	% Daily Value
Vitamin B-6 (as Pyridoxal-5-Phosphate)	2.5 mg 147%
Vitamin B-12 (as Methylcobalamin)	1000 mcg 41667%
Magnesium (as Di-Magnesium Malate)	75 mg 18%
Inositol	400 mg*
Taurine	300 mg*
Chamomile Extract ( <i>Matricaria chamomilla</i> )(flower)	200 mg*
gamma-Aminobutyric acid (PharmaGABA®)	100 mg*
L-Theanine	100 mg*
5-HTP (5-Hydroxytryptophan)	50 mg*
Phosphatidylserine (from sunflower lecithin)	50 mg*

\*Daily Value not established.

**Other Ingredients:** Cellulose (capsule), silicon dioxide, vegetable stearate.

**Recommended Use:** Take 2 capsules per day or as directed by your health care practitioner.

Consult with your health-care practitioner about your specific circumstances and any questions you may have.

**Warning:** Not recommended for use by pregnant or lactating women, or by those taking SSRI or MAOI medications.

## JUST THE FACTS:

Compare supplement facts to the leading brands

- **B Vitamins and Magnesium** – Foundational nutrients that support brain signaling, nerve health, and healthy responses to stress — so stress doesn't control your day.\*
- **Inositol** – A vitamin-like nutrient that supports brain signaling involved in mood, relaxation, and sleep, helping you feel more relaxed and emotionally balanced.\*
- **Taurine** – An amino acid that helps quiet overactive brain signals and supports mental balance during demanding or high-stress situations.\*
- **Chamomile Extract** – A gentle botanical traditionally used to promote relaxation and a calm state, especially when it's time to unwind.\*
- **GABA** – A clinically studied, fermented form of GABA, the brain's primary calming neurotransmitter that promotes relaxation without drowsiness — supporting calm focus when you need it most.\*
- **L-Theanine** – An amino acid found in green tea that helps ease tension while supporting focus and mental clarity.\*
- **5-HTP** – The precursor to serotonin, a neurotransmitter that supports a positive mood and healthy sleep.\*
- **Phosphatidylserine** – A key component of cell membranes that supports brain communication and a healthy stress response for long-term mental resilience.\*

To gain an in-depth look into metabolic markers that influence your stress resilience, talk with your health-care practitioner about [Designs for Health Metabolomics Spotlight™ functional wellness testing](#).

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

The Designs for Health Spotlight™ functional wellness tests are not diagnostic and are not eligible for coverage under Medicare, Medicaid, or medical insurance. DFH Spotlight testing must be ordered or authorized by a qualified health-care provider registered with DFH. Please reach out directly to your practitioner to express your interest in any of the Spotlight tests.