

Organic PurePea™ Plus

Pea Protein Plus Greens/Fruit Blend


FOUNDATIONAL HEALTH



Organic PurePea™ Plus is a nutrient-dense, organic, functional food powder featuring 18 grams of protein and a proprietary blend of greens, vegetables, and fruit. Derived from a highly bioavailable protein source with excellent digestibility, it provides a great level of functionality and nutritional benefits. Organic PurePea™ Plus is free of dairy and all other animal proteins, making it ideal for those who have allergies to milk and milk products, or those who have lactose intolerance, and/or those who are vegetarians or vegans.

Protein is a necessary component of the human diet with many important roles, including the production of hormones and neurotransmitters. Proteins are also the main structural component of muscles, bones, hair, skin, nails, tendons, ligaments, and blood vessels. Our bodies have no way of storing protein, so we must obtain it daily from our diet.

Pea protein features a high digestibility and low allergenic profile compared with other vegetarian protein sources. It contains a well-balanced amino acid profile, close to that of whey protein, and it includes all the essential amino acids, along with high levels of lysine, leucine, and

phenylalanine. Pea protein, especially in the isolate form, has substantially lower levels of anti-nutritional factors (e.g., phytates, lectins, tannins, oxalates, and trypsin inhibitors), which enhances its digestibility.

Pea protein has an excellent array of amino acids (the building blocks of protein) that include high levels of branched-chain amino acids (BCAAs), such as leucine. Leucine has been shown to support muscle growth and repair, making pea protein a great protein source for athletes and anyone who is physically active.

Organic PurePea Plus™ features a proprietary blend of a variety of greens, vegetables, and fruits, including spirulina, barley grass, wheatgrass, chlorella, spinach, carrot, beet, tomato, kale, parsley, apple, blueberry, cranberry, and raspberry. Consuming a diet rich in fruits and vegetables, especially green vegetables, cruciferous vegetables (such as broccoli), and berries can support overall health and wellness. These greens, vegetables, and fruits feature a variety of phytochemicals shown to support antioxidant status, immune health and a healthy inflammatory response.*

Benefits*

- Lean muscle tissue support
- Joint and connective tissue integrity
- Detoxification support
- Normal lipid metabolism
- Antioxidant support

Recommended Use

Mix 34 grams (approximately two scoops) in 10 to 12 ounces of water or any other beverage per day, or as directed by your health-care practitioner.

Highlights

- Natural pea protein isolate from USDA-certified organic, non-GMO, North American-grown yellow peas
- A proprietary blend of greens, vegetables, and fruits providing antioxidants and phytonutrients
- Certified organic spirulina
- Chlorella with a soft cell wall for better bioavailability
- Low allergenicity, non-GMO, dairy-free, gluten-free and soy-free ingredients
- Available in a great-tasting vanilla-strawberry flavor

To contact Designs for Health, please call us at (860) 623-6314, or visit us on the web at www.designsforhealth.com.

Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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