

PaleoGreens® Unflavored & Unsweetened

Delivering the equivalent to one serving of fruits and vegetables

PaleoGreens® is a great tasting greens food made with over 90% organic ingredients. Increasing our intake of leafy greens and high-antioxidant vegetables and fruits is key to good health, but isn't always easy in our busy lives. Just one serving of PaleoGreens® delivers the equivalent to one serving of fruits and vegetables in a convenient powder that mixes quickly and easily into your favorite beverage. It can be combined with juice, smoothies, protein shakes, or even just plain water.

The modern Western diet tends to be high in meat and grains. While our healthy, robust ancestors thrived on animal protein, their diets also included large amounts of nutrient-rich vegetables and fruits, and were extremely low in grains—when grains were consumed at all. In our industrialized diet, grains (such as wheat and corn) have displaced these more nutritious plant foods. Additionally, the vegetables we do consume are often limited to grains and legumes we incorrectly think of as vegetables—like corn and peas, and white potatoes in the form of French fries and baked or mashed potatoes. The skewing of our diets toward heavy grain consumption and far fewer vegetables results in our bodies having a larger net acid load than is suitable for optimal health. Research suggests this may be one of the many factors contributing to modern degenerative illnesses. PaleoGreens® is designed to help restore the body's balance of acidity and alkalinity.

Highlights

The ingredients in PaleoGreens® are a powerhouse blend of fruits, vegetables, vegetable juice powders, and extracts designed to nourish the body from the cellular level up, resulting in sustained energy, enhanced recovery from exercise, support for mental clarity and overall well-being.*

- **Fruits:** High-antioxidant berries, such as cranberry, raspberry, and blueberry
- **Vegetables:** Sulfur-rich cruciferous vegetables (broccoli, kale, cauliflower, collards); colorful and high phytonutrient vegetables (beet, carrot, tomato, spinach)
- **Greens & Juices:** Spirulina, chlorella, barley grass and wheat grass juice powders
- **ORAC Blend:** Proprietary blend of grape seed and grape skin extracts, with guaranteed high ORAC (oxygen radical absorption capacity) content. The ORAC score is a measurement of a food's potential for neutralizing the damaging free radicals implicated in aging and physical degeneration.

PaleoGreens® is superior to many commercially available greens powders for several reasons:

- Over 90% organic ingredients
- Paleo profile: no grain/legumes fibers or components, least allergenic
- No alfalfa, a common ingredient in all other leading brands
- Special gentle processing that retains potency
- Proven ORAC (Oxygen Radical Absorbency Capacity) value
- Great taste, with no added sugar



Consult with your healthcare practitioner about your specific circumstances and any questions you may have.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO CONTACT DESIGNS FOR HEALTH, PLEASE CALL US AT (860) 623-6314, OR VISIT US ON THE WEB AT WWW.DESIGNSFORHEALTH.COM.