



Pregnenolone CRT™

Controlled-Release Technology



Pregnenolone is a precursor to hormones necessary for a variety of functions in the human body. Based on the body's demands, pregnenolone can be converted into many hormones including dehydroepiandrosterone (DHEA), progesterone, estrogens, testosterone, cortisol, and aldosterone. Cholesterol is the building block for pregnenolone, and it gets converted in many locations in the body including the adrenal glands, brain, skin, liver, and gonads (testes or ovaries). Some individuals may require additional supplementation due to aging, certain medications, and lifestyle factors, such as malnutrition, malabsorption, excessive exercise, vegetarian diets, stress, and sleep deprivation.*

The hormones made in the body from pregnenolone may support healthy sexual hormone balance, a healthy stress response, healthy cognition and memory, healthy electrolyte balance, and balanced moods.*

Pregnenolone CRT™ contains a patented controlled-release technology designed to deliver pregnenolone continuously for 10 to 12 hours, avoiding spikes and surges found in other pregnenolone delivery systems. This delivery system more closely mimics the way pregnenolone is normally released within the body.

Benefits*

- Supports healthy hormone balance
- Supports healthy adrenal function
- May support healthy cognitive function and memory
- May support a healthy stress response
- May support a balanced mood

Highlights

- Controlled-release technology delivers pregnenolone steadily for 10 to 12 hours
- Convenient once-daily dosing
- Gluten-free and dairy-free
- Suitable for vegetarians and vegans

Recommended Use

Take 1 tablet per day with a meal or as directed by your health-care practitioner.

Warning: Pregnenolone is not recommended for individuals who are pregnant or lactating, or for those who have hormone-sensitive cancers. This product is not recommended for individuals with epilepsy or a history of seizures. Pregnenolone reduces the effectiveness of any drug that stimulates gamma-aminobutyric acid (GABA) receptors. Supplementation with pregnenolone should be monitored by a health-care practitioner.

ZPTED PRV 07/21

To contact Designs for Health, please call us at (860) 623-6314, or visit us on the web at www.designsforhealth.com.

Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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