

Progesterone is a hormone naturally produced in the body. Its name is derived from the Latin term "pro gestationem," meaning "promoting gestation" (promoting pregnancy). Progest-Avail™ may help support hormonal balance as a topical serum. Unlike oral progesterone, Progest-Avail™ does not need to be metabolized by the digestive tract or liver.

Progest-Avail<sup>™</sup> is a topical progesterone serum that provides 20 mg of bioidentical progesterone in each 1 mL application. Progest-Avail<sup>™</sup> is formulated to be used by women of reproductive age and menopausal and postmenopausal women. The serum can be applied to smooth skin areas of the body. Progest-Avail<sup>™</sup> is free of parabens, mineral oil, and petroleum. The progesterone in this product is carried in caprylic/capric triglyceride (from coconut), and it contains vitamin E as a preservative. Since progesterone is fat-soluble, ultra-micronized delivery may promote enhanced progesterone absorption.

Progest-Avail<sup>™</sup> also contains a natural sugar-based complex that may increase progesterone solubility and facilitate deeper and faster penetration through the skin. While typical cream-based topical progesterone claims a potency for about 60 days after manufacturing, Designs for Health's Progest-Avail<sup>™</sup> lipid-based system has been shown to maintain potency for up to two years.

## **Benefits**

- Supports hormonal balance
- Supports healthy aging
- Suitable for women of reproductive age and menopausal and postmenopausal women

## **Recommended Use**

Apply 1 mL (20 mg USP progesterone) 1-2 times per day to smooth skin areas, such as the wrists, inner arms or thighs, throat, neck, abdomen, or chest, or as directed by your health-care practitioner.

## Highlights

- 20 mg of bioidentical progesterone in each 1 mL serving
- Topical formula
- Ultra-micronized delivery for enhanced progesterone absorptionFree of parabens, mineral oil, and petroleum
- Gluten-free, dairy-free, soy-free, and non-GMO

To contact Designs for Health, please call us at (860) 623-6314, or visit us on the web at www.designsforhealth.com.

Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product. Designs for Health and logo are trademarks of Designs for Health, Inc.© 2023 Designs for Health, Inc. All rights reserved