



Stabilized R-Lipoic Acid Supreme<sup>™</sup> features a highly bioavailable form of R-lipoic acid (RLA), Bio-Enhanced<sup>®</sup> RLA.

RLA is the more biologically active form of lipoic acid and is the form found in nature. It supports antioxidant status in the body, promotes a healthy inflammatory response and supports healthy blood sugar metabolism.\* Stabilized R-Lipoic Acid Supreme<sup>™</sup> also contains the amino acid taurine to further support antioxidant status and promote healthy blood sugar metabolism.\* In the body, lipoic acid functions as a beneficial compound that helps neutralize free radicals and may help maintain healthy antioxidant status in the body.\* It also supports the repletion of additional antioxidants, including glutathione and vitamins A and C. The more common supplemental form of lipoic acid is alpha-lipoic acid (ALA). Studies have demonstrated the potential for the RLA form alone to be more effective than ALA. Together, lipoic acid and taurine support antioxidant status and healthy blood sugar metabolism by neutralizing free radicals and reducing their creation within the mitochondria of our cells.\*

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## **Benefits**\*

- Supports healthy blood sugar metabolism
- Supports antioxidant status in the body
- Promotes a healthy inflammatory response
- Supports mitochondrial function

## **Recommended Use**

Take 1 capsule per day with a meal or as directed by your health-care practitioner.

Bio-Enhanced® RLA is a registered trademark of GeroNova Research Inc.

## **Highlights**

- 100 mg of R-lipoic acid as Bio-Enhanced® RLA to support healthy blood sugar metabolism and antioxidant status in the body and to promote a healthy inflammatory response\*
- 500 mg of taurine to support healthy glucose metabolism and mitochondrial function\*

To contact Designs for Health, please call us at (860) 623-6314 or visit us on the web at www.designsforhealth.com.

Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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