# Vitavescence™

Pleasant-tasting powdered multivitamin multimineral

Vitavescence<sup>™</sup> is a delicious and exceptional multivitamin/multimineral supplement in powder form, providing a strong nutritional foundation to help support optimal health. It goes far above and beyond standard formulations, as it contains an impressive array of health-promoting nutrients not typically found in multivitamins (and also severely lacking in the standard American diet), such as alpha-lipoic acid, N-acetyl cysteine, and green tea, rosemary, and grape extracts. Vitavescence<sup>™</sup> also contains chelated minerals – mineral amino acid chelates (minerals bonded to amino acids) for optimal absorption, bioavailability and utilization by the body.

Vitavescence<sup>™</sup> powder can be added to water or other beverages and turns into a great-tasting nutritious drink. This product has a natural fruit punch flavor and is sweetened with organic stevia leaf extract. It does not contain fructose, sucrose, or any artificial sweeteners. With its extensive formula, great flavor, and the convenience of its powder form delivery, it is the ideal multivitamin/multimineral for children, the elderly, and anyone who prefers not to take pills.

### **Featured Ingredients**

**Folate** – provided as NatureFolate<sup>™</sup> blend – 680 mcg DFE of active isomer, naturally-occurring folates with Quatrefolic<sup>®</sup>, a glucosamine salt 5-MTHF. Natural folate is more easily assimilated by the body than synthetic folic acid. Unmetabolized folic acid is a common occurrence, owing in part to the fortification of grain products and multivitamins with folic acid, rather than natural folates.

## **Highlights\***

- Convenient delivery system allows for easy mixing in water or other beverages
- Powder form makes it easy and efficient for the body to absorb and use
- Ideal for all ages, including children and the elderly
- Delicious, natural fruit punch flavor
- Low glycemic impact with the use of stevia leaf extract as its sweetener

**N-acetyl cysteine** is the precursor to glutathione, a crucial molecule synthesized inside every cell in the human body and utilized in nearly all tissues of the body. Glutathione is considered the body's most powerful "master" antioxidant and is a key factor in the liver's natural detoxification function, helping to bind heavy metals, neutralize toxins, and support healthy immune function.\*

**Alpha-lipoic acid (ALA)** – a sulfur-containing compound that is best known for its antioxidant capacity that also promotes healthy blood glucose metabolism and contributes to metal detoxification.\* ALA also serves as an important cofactor for enzymes involved in energy production.\*

**Green tea extract** - standardized to contain 98% polyphenols and 45% EGCg (epigallocatechin-3-gallate). EGCg has been identified as the primary active ingredient responsible for green tea's health-promoting effects. Tea polyphenols and EGCg are potent antioxidants that support the body's natural inflammatory response.\*

**Grape seed/skin extract** - standardized and concentrated to contain 75% polyphenols that offer brain, metabolic, and cardiovascular support.\* This grape seed extract is highly bioavailable with enhanced absorption and has among the highest total antioxidant capacity values of any grape seed extract currently available.

#### **Recommended Use:**

Mix 8 grams (approx. two teaspoons) in 8 ounces of water per day, or as directed by your health care practitioner.

**Note:** Dosing for children under 12 should be under the guidance of a health care practitioner.

#### BioVin® is a registered trademark of Cyvex Nutrition.

Quatrefolic\* is covered by U.S. Patent No. 7,947,662 and is a registered trademark of Gnosis S.p.A.



Consult with your healthcare practitioner about your specific circumstances and any questions you may have.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO CONTACT DESIGNS FOR HEALTH, PLEASE CALL US AT (860) 623-6314, OR VISIT US ON THE WEB AT WWW.DESIGNSFORHEALTH.COM.