

Whole Body Trio™

3-in-1 daily blend of collagen, electrolytes, and creatine

 WBT030 | Net Wt. 13.76 oz (390 g)

Stack less and do more with Whole Body Trio™. This travel-friendly, 3-in-1 blend provides collagen, electrolytes, and creatine – a combination that supports many important functions in your body for everyday health.* Although these ingredients are often associated with athletic performance, hydration, and muscle support, they also help with basic areas of wellness, including energy production and brain, heart, and skin health.* Because they support so many systems, Whole Body Trio™ can be helpful on both workout and non-workout days, without needing multiple products. This 3-in-1 blend may be especially useful for adults who exercise regularly, as well as individuals who do not often eat foods naturally rich in creatine and collagen, such as red meat or bone broth.



 FOUNDATIONAL HEALTH*



Convenient 3-in-1 formula that supports you from “workout mode” to “work mode”



Helps you feel your best every day with energy production, hydration, and overall well-being support*



Supports major body systems, including muscles, skin, bones, heart, and brain, for whole-body health*

Supplement Facts

Serving Size 1 stick pack (13 g)
Servings Per Container 30

Amount Per Serving		% Daily Value
Calories	20	
Total Carbohydrate	3 g	1%**
Dietary Fiber	1 g	4%**
Protein	3 g	
Calcium (as Calcium Carbonate)	100 mg	8%
Magnesium (as Magnesium Sulfate, Gluconate, Bisglycinate)	45 mg	11%
Chloride (as Sodium Chloride and Potassium Chloride)	670 mg	29%
Sodium (as Sodium Chloride and Sodium Citrate)	470 mg	20%
Potassium (as Potassium Chloride)	200 mg	4%
Creatine Monohydrate	5 g	*
Bovine Collagen Peptides	3 g	*

**Percent Daily Values are based on a 2,000 calorie diet.
*Daily Value not established.

Other Ingredients: Resistant dextrin, citric acid, steviol glycosides, natural flavors.

Recommended Use: Mix 1 stick pack (13 g) in 16 oz of water per day or as directed by your health-care practitioner.

Consult with your health-care practitioner about your specific circumstances and any questions you may have.

JUST THE FACTS:

Compare supplement facts to the leading brands

- **Full Spectrum Electrolytes** – Targeted blend of electrolytes that support healthy muscles, nerves, and heart function, as well as overall mineral balance.* Electrolytes are needed for proper hydration, energy production, and healthy athletic performance and recovery.*
- **Creatine Monohydrate** – Clinically beneficial amount of creatine monohydrate that supports healthy energy expenditure, brain function, and mental focus.* It also helps promote healthy body composition, along with supporting gains in muscle strength and lean body mass when used with resistance training.*
- **Collagen Peptides** – Highly bioavailable collagen peptides that help promote youthful-looking skin and support the health of bones, joints, tendons, and ligaments.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.