

# Allicillin™

*Get the benefits of garlic without the odor!*

Allicillin™ is a blend of garlic oil and parsley oil containing ajoene and garlic sulfides, the primary bioactive compounds in garlic. These softgels are free of garlic odor because they are enteric-coated, allowing them to reach the small intestine before dissolving. This is unlike other products that dissolve in the stomach, which may result in them repeating on you and causing garlic breath. The parsley oil further helps as a natural breath freshener.

## What Makes Garlic So Powerful?

Garlic contains unique sulfur compounds that promote the broad range of health benefits this plant has been associated with for centuries. These beneficial compounds appear only when the plant is “injured,” such as when fresh garlic cloves are crushed, chopped, or chewed. The main such compound, and the best known and studied, is allicin. However, due to its complex and volatile nature, it is difficult to provide precise amounts of stable allicin in supplement form. This product instead contains garlic sulfides and a compound known as ajoene, (from “ajo,” the Spanish word for garlic), which is one of the primary metabolites of allicin.

## Effects of Ajoene

Ajoene helps with a healthy inflammatory response and with the maintenance of normal platelet function, both of which underlie garlic’s well known role in promoting cardiovascular health. It may also help support healthy cholesterol levels. Ajoene is responsible for many of garlic’s other historically recognized effects, such as inhibiting the normal overgrowth of unfriendly organisms, including bacteria, parasites, and fungi (yeast).\*

## Garlic Sulfides

Garlic sulfides are additional bioactive compounds in garlic. They support a healthy inflammatory response and protect against oxidative stress, as well as mirroring some of the beneficial effects of ajoene.\* Scientific research indicates that the efficacy of garlic sulfides may be related to the number of sulfur atoms present. Allicillin™ contains diallyl sulfide, diallyl disulfide, and diallyl trisulfide – compounds that contain one, two, and three sulfur atoms, respectively.

**Recommended Use:** As a dietary supplement, take one softgel per day, or as directed by your health care practitioner.

**Caution:** Consult your health care practitioner before use if you are taking blood thinning medication.

## Benefits\*:

- Helps prevent overgrowth of unfriendly organisms
- Supports a healthy inflammatory response
- Provides antioxidant protection against damaging free radicals
- Supports healthy blood lipid levels
- Helps maintain healthy platelet function
- Supports the immune system
- Promotes cardiovascular health



Consult with your healthcare practitioner about your specific circumstances and any questions you may have.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**TO CONTACT DESIGNS FOR HEALTH, PLEASE CALL US AT (860) 623-6314, OR VISIT US ON THE WEB AT [WWW.DESIGNSFORHEALTH.COM](http://WWW.DESIGNSFORHEALTH.COM).**