

# Arthroben®

*Novel protein and antioxidant formula to support healthy joints\**

Arthroben® provides a unique blend of ingredients designed to support a healthy and balanced inflammatory response, neutralize damaging free radicals, provide nutrients that promote healthy connective tissue, and support healthy joint mobility and function. This formula is recommended for those experiencing joint and connective tissue problems associated with normal aging, athletics, or other physical activity.

Joint and tissue destruction often occurs because of a lack of nutrients and an increase in the quantity of damaging free radicals generated by environmental and dietary toxins or intense, repetitive movements as can occur in athletes. Issues with joints and connective tissues are often managed with nonsteroidal anti-inflammatory drugs (NSAIDs), but these drugs often bring with them serious side effects including GI upset and pain, nausea, heartburn, kidney damage, and cardiovascular events (heart attack and failure, stroke, etc.). Arthroben® uses a unique combination of nutrients that do not result in negative side effects and is offered in a highly absorbable powder. It is available in two delicious flavors – green apple and lemon-lime, as well as an unsweetened version.

## Key Ingredients in Arthroben®

- **Collagen peptides:** Arthroben® features Fortigel® and Verisol®, two variations of highly absorbable collagen proteins – the building blocks for connective tissue. Collagen peptides boost pathways that build connective tissues and also help maintain tissue hydration. These functions support adequate volume of cartilage and the elastic properties of connective tissues which helps maintain healthy skin, joints, and ligaments.\*
- **Flavonoids:** Arthroben® contains a proprietary blend of natural flavonoids from the plants, *Scutellaria baicalensis* and *Acacia catechu*. These flavonoids are powerful antioxidants that help protect connective tissues. They also help the body manage a balanced inflammatory response and swelling in the joints.\*

## Recommended Use

**Unflavored/Unsweetened:** Mix 8 grams (approx. 1 tablespoon) in 8 ounces of water per day, or as directed by your health care practitioner.

**Green Apple; Lemon-Lime:** Mix 11 grams (approx. 1.5 tablespoons) in 8 ounces of water per day, or as directed by your health care practitioner.

VERISOL® and FORTIGEL® are registered trademarks of GELITA AG.

## Benefits of Arthroben® include:\*

- Balanced, healthy inflammatory response
- Potent antioxidant protection
- Provides building blocks for connective tissue
- Supports joint mobility and function
- Encourages joint repair
- Not associated with the negative side effects of NSAIDs
- High safety and tolerability
- Safe for individuals on blood thinners



Consult with your healthcare practitioner about your specific circumstances and any questions you may have.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO CONTACT DESIGNS FOR HEALTH, PLEASE CALL US AT (860) 623-6314, OR VISIT US ON THE WEB AT [WWW.DESIGNSFORHEALTH.COM](http://WWW.DESIGNSFORHEALTH.COM).