

# CarbXzyme™

*Intestinal support to help limit digestion and absorption of carbohydrates while improving digestion of protein*

CarbXzyme™ is designed to help reduce the body's digestion of carbohydrates while improving the digestion of protein-containing foods. This can help those who have a difficult time controlling their carbohydrate intake and need help supporting balanced blood sugar, which promotes healthy weight management.

## HEALTH BENEFITS

**Weight Management/Blood Sugar Support** – Reducing the digestion of carbohydrates is an easy way to decrease the calories the body absorbs from carbohydrates. Consequently, the body may secrete less insulin, which is a hormone that signals the body to store carbohydrates as well as fats. Reduced levels of insulin may facilitate the body's ability to access and break down stored fat, using it for energy.

**Lipid Control** – When carbohydrate intake exceeds the body's immediate energy needs, or its capacity to store carbohydrate in the liver and muscles, the excess carbohydrate is converted into triglyceride and stored in the fat tissue. Controlling carbohydrate digestion, therefore, helps to support healthy lipid levels.

**Increased Satiety** – Proteins produce the highest level of satiety (the feeling of fullness after a meal), while carbohydrates have a low satiety rating. By supporting protein digestion, appetite and energy levels may be better maintained between meals.

**Healthy Aging** – Proper caloric intake and healthy blood sugar levels support the natural aging process.

## HIGHLIGHTS

**Phaseolus Vulgaris** – an annual plant also known as the common bean; inhibits amylase, the primary enzyme responsible for carbohydrate digestion.

**Green Coffee Extract** – supports healthy blood sugar levels and lipid levels following a meal. This, in turn, helps maintain a healthy level of body fat and supports weight management.

**Plant-derived Proteases** – enzymes that primarily digest proteins; designed to support optimal protein digestion in the stomach and intestines.

## HOW TO TAKE

- Take 2 capsules immediately before or during meals containing starches and/or sugars. Work with your health care practitioner to monitor your blood glucose levels and determine the dose of CarbXzyme™ that is optimal for you.
- Take with highest carbohydrate-containing meals of the day
- Can be taken daily with all three major meals
- Because CarbXzyme™ is designed to reduce the action of starch-digesting enzymes, taking digestive enzyme supplements containing amylase at the same time is not recommended.



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO CONTACT DESIGNS FOR HEALTH, PLEASE CALL US AT (800) 847-8302, OR VISIT US ON THE WEB AT [WWW.DESIGNSFORHEALTH.COM](http://WWW.DESIGNSFORHEALTH.COM).