

Resveratrol Supreme

*Antioxidant support for the cardiovascular system, neurological health, and healthy aging**

Resveratrol Supreme is an exciting combination of two powerful antioxidants, resveratrol and quercetin. Damage from free radicals is a primary driver of compromised health, and this may particularly affect the cardiovascular system (blood vessels) and neurons—especially the neurons' mitochondria, which are the parts of the cell that generate energy. Proper functioning of the mitochondria is crucial for overall health. Excessive oxidative damage (damage from free radicals) is also implicated in the aging process. Antioxidants combat free radicals and help reduce the impact of their damage. Through decreasing free radical damage, antioxidants may also mimic the beneficial effects of a reduced calorie diet.

Resveratrol

Resveratrol is found in peanuts, berries, red wine (from the skin of red grapes), and in the Japanese knotweed plant, also known as Polygonum. Resveratrol is produced by certain plants to act as a natural pesticide, protecting the plant from environmental insults. In the case of grapes, it concentrates in the skin and protects the plant from mold and bacterial infection. The harsher the climate in which grapes grow, the more protection the grapes need, and therefore, wine produced from those grapes has a higher amount of resveratrol. Resveratrol may have a similar protective effect against natural physiological damage when consumed in the diet.

The resveratrol in this product has been standardized to all trans resveratrol, as the opposite or “cis” form may not have the same beneficial biological activity. It is also more highly concentrated, to provide a greater amount of resveratrol than an individual would be likely to obtain through a reasonable diet.

Quercetin

Quercetin has been called “king of the flavonoids” because of its powerful antioxidant properties and its ability to support a healthy inflammatory response in the body.* It is found in many foods that are recognized for their health benefits, such as red onions, apples, olive oil, dark berries and grapes, capers, salad greens, and culinary herbs such as dill, cilantro, watercress, and radicchio. (Quercetin contributes to the bold colors of these foods.) Synergy between resveratrol and quercetin indicates that the two compounds together may be more beneficial than either one taken alone.

This product also includes lecithin for more effective nutrient absorption

Recommended Use: As a dietary supplement, take one capsule per day, or as directed by your health care practitioner.

Resveratrol Supreme may help support*:

- Cardiovascular system
- Neurological health
- Healthy aging



Consult with your healthcare practitioner about your specific circumstances and any questions you may have.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO CONTACT DESIGNS FOR HEALTH, PLEASE CALL US AT (860) 623-6314, OR VISIT US ON THE WEB AT WWW.DESIGNSFORHEALTH.COM.